

# Phil's Corner

Vol.1

It has been a great start to the new academic year!

The semester started in spring, which is the season of new life. New classes, new students, everything is new! This is my first year as a full-time teacher at Osaka Ohtani University, so a new job too! I have already made a new friend...Tani-Chan! Anyway, I have felt a lot of positivity around me on campus and I believe that it's going to be a really good semester for everyone. Stay positive, keep motivated and let's have a great year!



I have had some interesting conversations with many different students in the English Cafe recently. Here are some of the best bits:

- All the cool things that people did in the winter vacation
- A football conversation on Japanese superstar Kaoru Mitoma and the English Premier League
- An interesting chat about the upcoming study abroad trip to Canada and all the great Canadian things to see and eat on the trip
- A mouth-watering chat about Japanese curry and ramen....and why Ippudo is so good!



## Study Tip - *The Pomodoro Technique*

Have you ever heard of the pomodoro technique? If you find it difficult to study for long periods of time, this is a technique that can help you!

1. Choose what you want to study
2. Set a 25 minute timer (1 *pomodoro*)
3. Study until the timer sounds
4. Have a 5 minute break (e.g. check instagram)
5. Repeat. After 4 *pomodoros*, take a longer break (30 minutes)

Of course, you can use this study technique when you are studying English. You can use this technique for studying anything! It helped me when I was a student and I still use this technique now in my job. Give it a try!